# **The Community Speaker Series**

presented by District 86 and District 181

Nationally renowned experts informing and inspiring families in the K-12 community about important issues in education, wellness, and parenting.

### 2021-2022 Zoom Webinars

#### Jamil Zaki

The War for Kindness: Building Empathy in a Fractured World

Tuesday, October 5, 2021 7:00pm - 8:30pm



Jamil Zaki weaves together the latest science with engaging real-world stories, offering us a revolutionary perspective on empathy and how to develop it as a skill. He shows that kindness is not a sign of weakness but a source of strength. With warmth, wit, and straightforward exercises that can be swiftly implemented, Zaki shows audiences of all ages how to change their professional, student, creative, and personal relationships for the better.

#### **Ron Lieber**

The Price You Pay for College

Tuesday, February 1, 2022 7:00pm -8:30pm

How to Talk to Your Kids About Money

Wednesday, February 2, 2022 9:30am – 11:00am



# Ron Lieber will be offering two different programs. *The Price You Pay for College* provides an entirely new road map for the biggest financial decision most families will ever make. In all his years of writing about money, he has come across no consumer decision that inspires more confusion and emotion than the question of what to pay for college.

In his second program, he discusses how, when and why to talk to kids about money, whether they are 3 years old or teenagers. Grounded in real-world experience and stories from families with a range of incomes, the program offers practical tips for helping your children understand the value of money and suggests a values-based philosophy for discussing it.

## Jessica Lahey

The Addiction Inoculation

Tuesday, April 5th, 2022 7:00pm - 8:30pm



Jessica Lahey helps parents and educators understand the roots of substance abuse and identify who is most at risk for addiction, offering practical steps for prevention. All children, regardless of their genetics, are at some risk for substance abuse. According to the National Center on Addiction and Substance Abuse, teen drug addiction is the nation's largest preventable and costly health problem. In this program, she provides evidence-based strategies and practical tools adults need to understand, support, and educate resilient, addiction-resistant children





